



Sus it Out Plus™

Why do it?

Sus it Out Plus™ offers an opportunity for you and your group to improve what you do: helping your community to come together, reducing your organisation's environmental impacts and increasing the likelihood of you attracting funding to support your organisation's activities. Sus it Out Plus™ will help you to increase your organisation's skills and capabilities through paying for training or technical support, allowing your organisation to move forward confidently.

Participating in Sus it Out Plus™ will help you to help your community become more sustainable.

What's involved?

Sus it Out Plus™ starts off with a facilitated session for between 4 and 10 people from your organisation. The session lasts between 1½ and 2 hours, and is based around a large interactive 'board game' which has various prompts to stimulate discussion of the issues around sustainable development. You'll be asked to think about how these issues impact on and are affected by the activities of your organisation. You'll be led through the issues in a structured way, but all the discussion will be related to your own organisation and experiences, so you control the agenda. Whatever else, you should expect a wide-ranging discussion that will throw up a few surprises.

The facilitated sessions ends with a commitment to take specific action to make your activities more sustainable. For all organisations there will be much of what you're doing that will making a positive contribution already, but we can all improve from where we are. Be prepared to think big!

To help your commitments be realised your facilitator will draft a Sustainable Communities Action Plan for you, based on what you'll have told them about where you are now and where you want to go. This will set out the steps that need to be taken to realise the changes you want to see, including action points and a training plan. Associated with this is a Sustainable Communities Learning Account, a sum of up to £1,500 to pay for the training or technical support required

Next steps

For more information see the www.susitout.org.uk website, where you can download an expression of interest form, or contact us at susitout@forward-scotland.org.uk. You can also call us on 0560 0010 560.